Transitioning to College Plan

- Do I take any medication?
- Will my doctor/prescriber give me a 3-4 month supply of my medication to last the semester?
- If not, will they be able to prescribe refills that I can pick up at a Honolulu pharmacy?
- Will I be able to get to this pharmacy (or will they deliver my medication)?
- If I can't get my medication refilled in Honolulu, can my parents/guardians pick up my medication at home and mail it to me?
- Do we have a plan to remember this so that neither of us forgets about my medication?
- Do I currently see a healthcare provider on a regular basis (more often than once or twice a year)?
- Do I need to find a Honolulu-based primary care provider, psychiatrist, therapist, or other provider while I am at school?
- Do Honolulu providers take my insurance?
- If they do take my insurance, have I set up an initial appointment or consultation so that I can access help before there is an urgent need or emergency?
- If they do not take my insurance, do I need to switch insurance?
- Do I have a copy of my insurance card and know what my insurance covers?

Visit chaminade.edu/student-life/health-services to view insurance options for students at Chaminade University. For more information, please contact the Dean of Students office at (808) 735-4710 or deanofstudents@chaminade.edu
In the case of an emergency, call 911

The nearest hospital is
Queen's Medical Center Emergency Services
1301 Punchbowl Street, Honolulu, Hawaii 96813

Other major medical centers are
Kaiser Permanente Moanalua Medical Facility (for Kaiser members)
3288 Moanalua Rd, Honolulu, HI 96819

Tripler Army Medical Center (for military members and families)
1 Jarrett White Road
Honolulu, Hawaii 96859-5000

For non-emergency care, the nearest Urgent Care Facilities are
Queen's Island Urgent Care Kahala
808-735-0007
1215 Hunakai Street Honolulu, Hawaii 96816
Sunday-Saturday: 8:00am - 8:00pm (Daily)

Queen's Island Urgent Care Kapahulu
808-735-0007
449 Kapahulu Avenue Suite 104 Honolulu, Hawaii 96815
Sunday-Saturday: 8:00am - 8:00pm (Daily)

The closest pharmacies are
Longs/CVS Pharmacy Kaimuki (# 9164)
808-735-2811
3221 Waialae Ave Honolulu, HI 96816

Longs/CVS Pharmacy and Minute Clinic Kahala (#9220)
808-732-0781
4211 Waialae Ave Honolulu, HI 96816